



Can:Do Hearing News

WINTER 2018

Welcome to the winter edition of Can:Do Hearing News. In this edition we discuss diabetes and hearing loss, two of the most common troubling health conditions.

We also take a moment to chat to Can:Do Hearing client Matthew about his hearing loss experience.

Call for Hearing Aids

Do you or someone you know have an old pair of hearing aids at home that you no longer need or use? Please bring them into your local Can:Do Hearing clinic so we can donate them to someone in need. Being a not for profit, independent audiology clinic we try our hardest to ensure we can help anyone who is missing out on hearing the world around them.

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Can:Do Hearing

Diabetes and Hearing Loss

Diabetes and hearing loss are two of Australia's most common troubling health conditions. Did you know that research suggests people with diabetes is twice as likely to develop or have an undiagnosed hearing loss? High blood glucose levels generally associated with diabetes impact the small blood vessels in the inner ear, similar to the way in which diabetes can damage the eyes and kidneys. This damage is what can eventually lead to hearing loss.

What can you do?

Be proactive and lead a healthy lifestyle to prevent diabetes.

Already living with diabetes?

Don't despair, there is help available. Have a hearing test, even if you don't feel you have significant hearing problems by having regular hearing checks your audiologist can see the small changes in your hearing over time.

For more information about diabetes and diabetes prevention visit diabetessa.com.au
For more information on hearing loss talk to your Can:Do Hearing audiologist.

Can:Do Hearing at Welland

56-61 Grange Road, Welland
Telephone: 8100 8209

Can:Do Hearing at Blackwood

7/200 Main Road, Blackwood
Telephone: 8178 3900

Can:Do Hearing at South Terrace

327 South Terrace, Adelaide
Telephone: 8215 0431

**Can:Do
Hearing**



If you are concerned about your hearing and want more information about hearing assessments or hearing aids, call us on 8100 8209 or visit candohearing.com.au

Can:Do Hearing Fast Fact

1 in 6 Australian's have hearing loss and this figure is set to increase to 1 in 4 by 2050!

Staff news

Audiologists Joel, Mel, Julieanne, Allison and Erin all attended the biannual Audiology Australia conference in Sydney back in May 2018. The conference covered topics such as single sided deafness, vestibular (balance) disorders, NDIS updates and auditory processing disorder. Everyone came away with some very valuable insights.

Can:Do Hearing's commitment to professional development ensures you receive the most current and cutting edge information and practices when you visit one of our clinics.

Upcoming clinic closures

Please note below the change in office and clinic hours for Welland, Blackwood and South Terrace.

Christmas closure dates:

Friday 21st Dec is the last day of trading before the break – returning to trade on Wed 2nd Jan

Staff meeting, 11 September
Labour Day, Monday October 1
Staff meeting, 13 November
Christmas Eve, Monday December 24
Christmas Day, Tuesday December 25
Proclamation Day, Wednesday December 26
New Year's Eve, Monday December 31

Meet Matthew

We take a moment to chat to Can:Do Hearing client Matthew about his hearing loss experience.

When did you first notice you had a hearing loss?

I have had a hearing loss since I was very young; I think I got my first set of hearing aids when I was just three years old! One of the first things I remember most about my struggles to hear was in class at school. When I was in primary school, we used a device that connected to my hearing aids and the teacher wore a remote microphone. This allowed me to hear better in the classroom no matter where I was sitting.

What difference has having hearing aids made?

Having hearing aids has made a huge difference to my life, without them I would struggle with everyday activities. I wouldn't have learnt to speak as well as do, I wouldn't have the job that I currently do, and most importantly they allow me to interact with the important people in my life!

Why did you choose Can:Do Hearing?

A friend recommended Can:Do Hearing to me. Since I became ineligible for government funded services, I sought out Can Do Hearing as they are a not for profit organisation and their service is very welcoming!

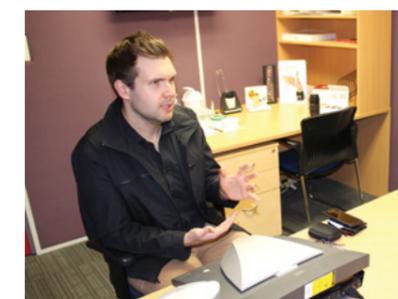
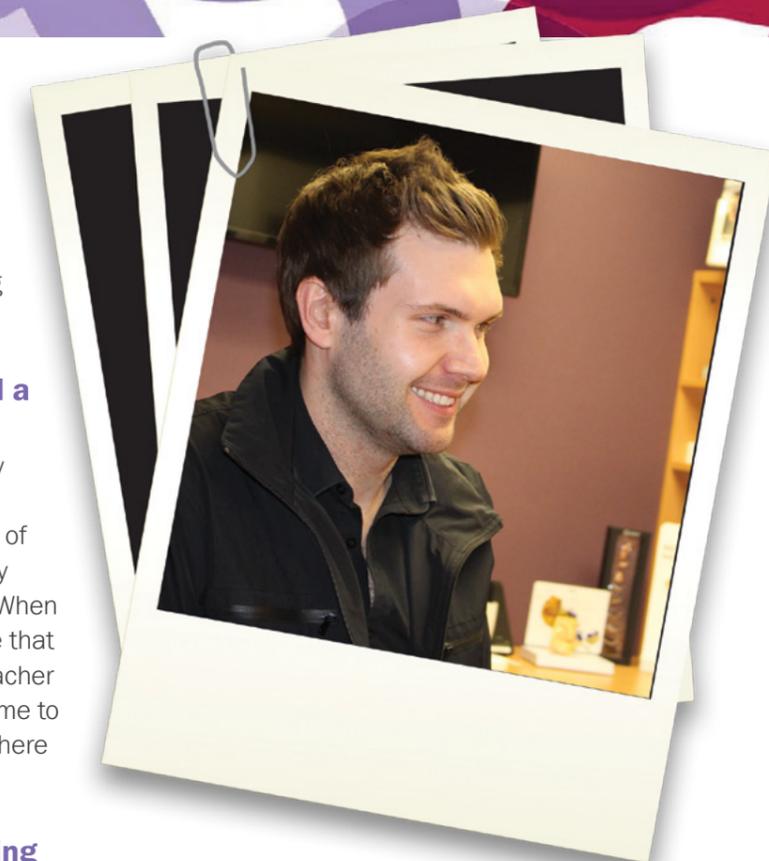
What advice would you give to a friend who noticed they had a hearing loss?

Get your hearing tested. It's not as scary as it seems! Hearing aids today come in so many shapes and forms; there is a solution for everyone. Depending on your level of hearing loss, there may be a hearing aid so small that no one would ever know you are wearing one!

What is your favourite sound?

Music is a favourite, also laughter!

For more information on hearing aids call the Can:Do Hearing team on 8100 8209 or visit candohearing.com.au



Focus on: Starkey Hear Coach Listening Games

Whether you're an avid technology follower or a needs only user, this App is worth a look. Hear Coach is a suite of listening games developed by Starkey Hearing Technologies that challenges your brain and your ears.

Designed for people with hearing loss or are hearing aid wearers, this app will support you to train your auditory system in different environments. Track your progress over time and unlock more levels as your performance improves. Hearing Coach is available for download in the App Store and Google Play.

starkey.com/hearing-apps



*We hope you've enjoyed catching up with the latest
Can:Do Hearing news.*

Joel

and the team at Can:Do Hearing

Contact Us

We would love to hear from you. For further information about our services or to book an appointment please contact us on;

Phone: (08) 8100 8209
Email: info@candohearing.com.au
Web: candohearing.com.au
Post: 59-61 Grange Road, Welland SA 5007

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